

# Nurse+Talk

January 2019



## SURVIVAL GUIDE TO NURSING SCHOOL

### *All Things Convention!*

- Tentative Schedule
- Keynote Speakers
- Board of Director Elections
- Breakout Sessions
- Poster Contest



2019 MICHIGAN NURSING STUDENTS ASSOCIATION  
68TH ANNUAL CONFERENCE

# SURVIVAL GUIDE TO NURSING SCHOOL



**January 25-26, 2019**

Suburban Collection Showplace and Hyatt Place Novi

46080 Grand River Avenue, Novi, MI 48374

248-513-4111

**Click the image above to visit our convention website!**

# Tentative Convention Schedule

Friday January 25 <sup>th</sup> , 2019		
8am – 9am	<b>Registration &amp; Breakfast</b>	Pre-function
9am – 9:30 am	<b>Welcome &amp; Introductions</b> Andrea Corrie – President, MNSA	Platinum
9:30am – 10:30am	<b>General Session</b> <i>Protecting Your License</i> – Donna Craig	Platinum
10:30am – 11am	<b>Morning Social Break</b>	Pre-function
11am – 11:45am	<b>Student Breakout 1</b> <i>Mental Health/Substance Abuse</i> – Lisa Kaplan	Emerald
11am – 11:45am	<b>Student Breakout 2</b> <i>Holistic Nursing</i> – Karen Diem	Amethyst
11am – 1pm	<b>Faculty Breakout</b> <i>What it Takes to Be a Faculty Advisor</i> – Carole Stacy, Jeanette Klemczak, and Deb Nault	Coral
12pm – 12:45pm	<b>Gift of Life Presentation</b>	Platinum
12pm – 1pm	<b>Poster Presentations</b>	Pre-function
1pm – 2pm	<b>Networking Lunch with TED Talks</b>	Platinum
2:15pm – 3pm	<b>Student Breakout 1</b> <i>Human Trafficking</i> – Danielle Bastein	Emerald
2:15 – 3pm	<b>Student Breakout 2</b> <i>Palliative Care vs. Hospice</i> – Dr. Patricia Petroulias	Amethyst
2:15 – 3pm	<b>Student Breakout 3</b> <i>Graduate Panel</i>	Coral
3:15 – 5pm	<b>Delegates Hall &amp; Annual Meeting</b> (Delegates Only)	Platinum
3:30 – 4:30pm	<b>Poster Presentations</b>	Pre-function
4pm – 5pm	<b>General Session</b> <i>Professional Nursing Image</i> – Terrie Wehrwien	Platinum
5pm – 7pm	<b>Keynote Dinner with Sandy Summers</b>	Platinum
Saturday January 26 <sup>th</sup> , 2019		
7am – 8am	<b>Rise &amp; Shine with Yoga</b>	Coral
7:30am – 8am	<b>Registration</b>	
8am – 9am	<b>Exhibitors Hall</b> <i>Exhibitors Hall open to Delegates Only</i>	Diamond
9am – 12pm	<b>Exhibitors Hall with Breakfast</b>	Diamond
10:15am – 12 pm	<b>Delegates Hall &amp; Annual Meeting</b>	Platinum
10am – 12pm	<b>Faculty Breakout</b> <i>What it Takes to be a Faculty Advisor</i> – Carole Stacy, Jeanette Klemczak, Deb Nault	Coral
12pm – 2pm	<b>Awards Ceremony &amp; Keynote Lunch</b> Nurse Blake	Platinum
2:15 – 3pm	<b>Student Breakout 1</b> <i>Medical Marijuana</i> – Melissa Keck	Emerald
2:15 – 3pm	<b>Student Breakout 2</b> <i>Pain Management</i> – Lisa Willcock	Amethyst
2:15 – 3pm	<b>Student Breakout 3</b> <i>Hurst Review Services</i> – Denise Barton	Ivory
2pm – 4pm	<b>Resume Workshop</b> Faculty Leaders	Coral
4pm – 4:30 pm	<b>Closing Remarks &amp; Evaluations</b>	Pre-function

## REMINDER

Make sure you download the event mobile app for the most current schedule & to stay up-to-date on everything happening at the convention!

## Additional Friday Events:

Blood Drive  
11am – 5pm (Ivory)  
MI Blood  
Hoffman Photography  
11am – 2pm (Pre-function)  
Professional headshots available for purchase

# Keynote Speakers

Click the speakers' pictures below for more information!



**Sandy Summers**

**Friday Keynote Lunch**



**Nurse Blake**

**Saturday Keynote Lunch**

## Board of Director Elections

2019 – 2020 Term

Are you interested in adding valuable **leadership experience** to your resume? Do you desire to **stand-out** to potential employers in the quest for your dream job? Are you searching for a network of like-minded students and professionals to **support, guide, and inspire** you throughout nursing school? If you answered “YES” to any (or all) of these questions... then joining the MNSA Board of Directors is your next move!

We are searching for **motivated, passionate, and dedicated student nurses** to join our team for the 2019-2020 term. Elections will take place at our Annual Convention on January 25-26<sup>th</sup>.

Click the leadership image below for details on eligibility and requirements.

**The deadline for pre-slating is January 19<sup>th</sup>...** So submit your Interest Form ASAP to avoid letting this opportunity pass you by!



# Breakout Sessions – Sneak Peak

## Holistic Nursing

This lecture will discuss the principles of holistic nursing and how to use breathing and mindfulness techniques personally and for patient care.



## Human Trafficking

An introductory session on human trafficking globally as well as how it impacts us locally. Learners will be able to recognize signs and symptoms of human trafficking and red flags to initiate assessment of potential victims. Learners will also be able to identify reporting procedures with identified victims. This education is intended for health care providers and community members alike in being able to understand this epidemic and how to fight against it.



**Shock Management: Do you want to be under-prepared or OVER-prepared for the BIGGEST test of your life?**

Hurst specializes in NCLEX® prep and NCLEX® prep only to make sure you are FULLY PREPARED and CONFIDENT on test day. Join us for a high impact session on **Shock Management** to experience our comprehensive, step by step approach to NCLEX® success. We cover must know content, develop critical thinking and application skills, master NCLEX® testing strategies, and practice high level NCLEX® style questions.

## Integrative Nursing Approaches to Pain Management

This session will provide information on alternative approaches (acupuncture and massage) to pain management, including nursing techniques (breathing, meditation, and movement) that can be used to manage pain.





# Poster Presentations

Have you been working on a research or evidence-based practice project recently? Are you interested in sharing your results and hard work with fellow MNSA members, exhibitors, faculty and other nursing professionals?

MNSA will be hosting poster presentations at our 68<sup>th</sup> Annual Convention, "Survival Guide to Nursing School," on January 25-26, 2019.

Click [here](#) for more information, including, how/when to apply and poster guidelines. **Deadline for submissions is Thursday, January 17<sup>th</sup> at 5PM.**

We are excited to highlight and view your projects and research!



MNSA BTN Director, James Reder, BSN, presenting his poster titled, "A Nurse's Impact In & Outside of the Clinical Setting: Processed Foods," at our 2018 Council of Student Leaders Conference in Transverse City.

# Thank you

*Get Social!*

Follow us on social media for important updates and nursing inspiration

