From the Membership Director PG. 1

Council of Student Leaders Pg. 6

Midyear Conference at LSSU: In Review PG. 2

Legislation and Nursing: How to Create a Resolution From Start to Finish PG. 3
From the Membership Director

By: Tennille Benedict

This year’s Midyear Conference was hosted by Lake Superior State University. Each year we host our Midyear Conference in the upper peninsula to reach out to nursing students in northern Michigan. We were honored to have our breakfast and lunch hosted by the LSSU SNA and the LSSU Nursing Honor Society. We began our day with information on our community health initiative for 2014, Human Trafficking, and a Hurst NCLEX mini-review session. We were also honored and humbled to have a wonderful leadership speaker, Jamie Gerrie, who is an instructor at LSSU and a prominent figure in the nursing field. After lunch students learned about each other’s nursing experiences and fears and ways to improve SNA membership. Finally the day ended with a mock resolution presentation teaching students how to understand, create, present, and argue resolutions at the state and national levels. We want to give a big thanks to LSSU for their help in hosting and participating in this event.

Feedback

“I liked that the issue of human trafficking was addressed and I also really liked the leadership session.”

“Brainstorming on making meetings more beneficial for members and the Hurst review were my favorite events.”

“The state board members were very personable!”

“I like that it was interactive.”

“This event definitely taught me about leadership and opened my eyes more to human trafficking.”

“I enjoyed how passionate the speakers were. It inspired me to continue my passion and strive to do my best.”

“The information at this event was helpful and applicable. I enjoyed getting to share our insecurities about becoming a nurse, the NCLEX review, and the leadership talk.”

Submit a Newsletter Article

If you would like to send us an article about what your school is doing, what you experienced in clinical, or something you learned and would like to share, please let us know. Feel free to send articles from your SNA’s newsletter as well. Reach out and share your stories, experiences, and “ah-ha” moments with your fellow MNSA members! Please email your article to mnsa.newsletter@gmail.com with your name and school included.
Legislation and Nursing!

How to create a resolution from start to finish!

What is a Resolution?
A written statement or proposal that can be adopted by the MNSA and NSNA to be the basis for action and policies of such organizations. Topics of resolutions are meant to be matters of importance to MNSA, NSNA, and any NSNA member.

What on earth does that mean?
A carefully researched idea or topic that you think nursing students should have an opportunity to learn about.

How do I pick a topic?
Try looking at the resolutions that have been already submitted on the NSNA website. http://www.nsna.org/Resolutions/NSNAResolutions.aspx

*Look into topics that you are passionate about that also have a national scope.
*Make sure you do not write a resolution that the NSNA doesn’t have the means to adopt.
*Resolution topics cannot be repeated if they have been adopted within the last 5 years.

I’ve got my topic now what?
Start your research!

All research must be:
* Relevant- AKA been written within the last 5 years
* Reputable- from a recognized source not Wikipedia. Usually .gov, .org, .edu sites. If it looks shady it probably is.
* Try using nursing journals, they can be easily searched and you can even use a filter to make sure they are relevant.

More detailed information about writing your resolution can be found using http://www.nsna.org/Portals/0/Skins/NSNA/Portals/0/Skins/NSNA/pdf/Guidelines%20for%20Planning%20Resolutions%20for%202015%20HOD.pdf

So what are the steps of writing a resolution?
1. Pick a topic
2. Ensure the topic has not been used in the last 5 years
3. Start your research
4. Write the resolution.
   -A resolution must include:
     *Abstract-purpose and outcomes of resolution.
     *Estimated cost page.
     *Contact information for organizations in resolved statements.
     *References cited in APA format.
     *Reference documents in full text.
5. Proof and review resolution.
6. Submit resolution to state level for adoption at annual convention.
7. Submit resolution to National level for adoption at annual convention.

Sample resolutions can be found at http://www.nsna.org/Resolutions/ResolutionsIndex.aspx

What does a resolution look like?

Whereas statements are intended to prove there is a need for the resolution.

Each Whereas statement must be cited and be up to date (within last 5 years)

Full resources need to be submitted when used for citing

Each whereas statement can only be a max of 300 words

First resolved statement is the philosophy, commitment, or belief that you would like the NSNA, MNSA to adopt.

The remaining resolved statements detail the implementation/actions you would like to take place.
Putting Together a Resolution

1. **Abstract**
Three or four sentences describing the purpose and intended outcome of your resolution

This part of your resolution may be edited (or asked to be edited) to better describe your proposal by the NSNA, MNSA.

2. **Cost Estimate Page**
A breakdown of estimated costs that would need to be approved in order for the resolution to take effect

Remember to include:
- Paper
- Stamps
- Printing fees/ ink
- Envelopes
- Total cost

3. **Contact Page**
In the resolved statements of your resolution you will ask the organization you wish to adopt the proposal to send a copy of your resolution to several other organizations. You will need to provide a list of contact information for these other organizations.

For example:
Michigan Nursing Students Association MNSA
3520 Okemos Rd Ste 6-160Okemos, MI 48864
Email: MNSA@MichiganNSA.org
Phone: 616.613.MNSA
Fax: 517-347-4096

4. **References**
A Reference page just like you would submit for an essay.
Written in APA format listing each reference

A packet with each document printed out in full text or if the reference is more than 5 pages, a copy of the title page showing the document’s source, date and other identifying data, along with the pages related to the citation is acceptable.

In each supporting document, authors must underline or highlight the text that directly corresponds to the “Whereas” statement it supports.

5. **What is next after submission of my resolution?**
After submission the resolutions committee will review your resolution and may ask for revisions or edits.

Once a final version has been made, your resolution will be presented at delegate hall.
- During delegate hall your resolution may be discussed and even have amendments added to ensure that the resolution is clearly stated and can be adopted.

Submission at the national level has more detailed submission instructions available.

More resources can be found from the NSNA at:
http://www.nsna.org/Resolutions/NSNAResolutions.aspx#submitresolution

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*Council of Student Leaders*

By Faith Snyder, Newsletter Editor

This year’s Council of Student Leaders was held at Grand Valley State University in Grand Rapids Michigan. The day began with a group discussion acquainting students and their nursing experiences with each other, learning how to build SNA membership, and a Hurst NCLEX review. We were also honored to have two amazing speakers teaching us about leadership and successful interview techniques as well as a powerful account of a victim of human trafficking in the Grand Rapids area. Students were also presented with a wonderful Human Trafficking resources packet and learned how to understand and create resolutions to be passed at the state and national levels.

We really appreciate everyone’s involvement in making this event a success!

**Feedback**

“I enjoyed the speakers; especially Todd and Leslie. Leslie’s story was a true injustice to her on every front and hearing her story made an impact on me.”

“I thought it was a great event! Maybe with more advertising we could have a better turnout!”

“The speakers were all amazing and Leslie was absolutely breathtaking.”

“This conference informed me about the opportunities that are available through MNSA. I also liked the leadership speech because those skills can be used and brought back to my local SNA. It was great to bond with other leaders.”

“The speakers that were brought in were really great! They all had messages that changed my perspectives for the better.”
It’s not too late to join our 2014-2015 Board of Directors! Please view the vacancies below.

Current Board of Director Vacancies:
- Communications Director
- Image and Breakthrough to Nursing Director

For more information on these positions and to apply, visit MichiganNSA.org or email mnsa.newsletter@gmail.com

For more updates on upcoming events and ways you can get involved, please visit us on the web at the following locations:
http://michigannsa.org/
https://www.facebook.com/MichiganNSA

References:

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