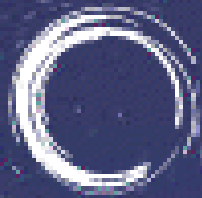


NURSETALK+

MICHIGAN NURSING STUDENTS ASSOCIATION • Summer 2014



POLARIS PROJECT

FOR A WORLD WITHOUT SLAVERY

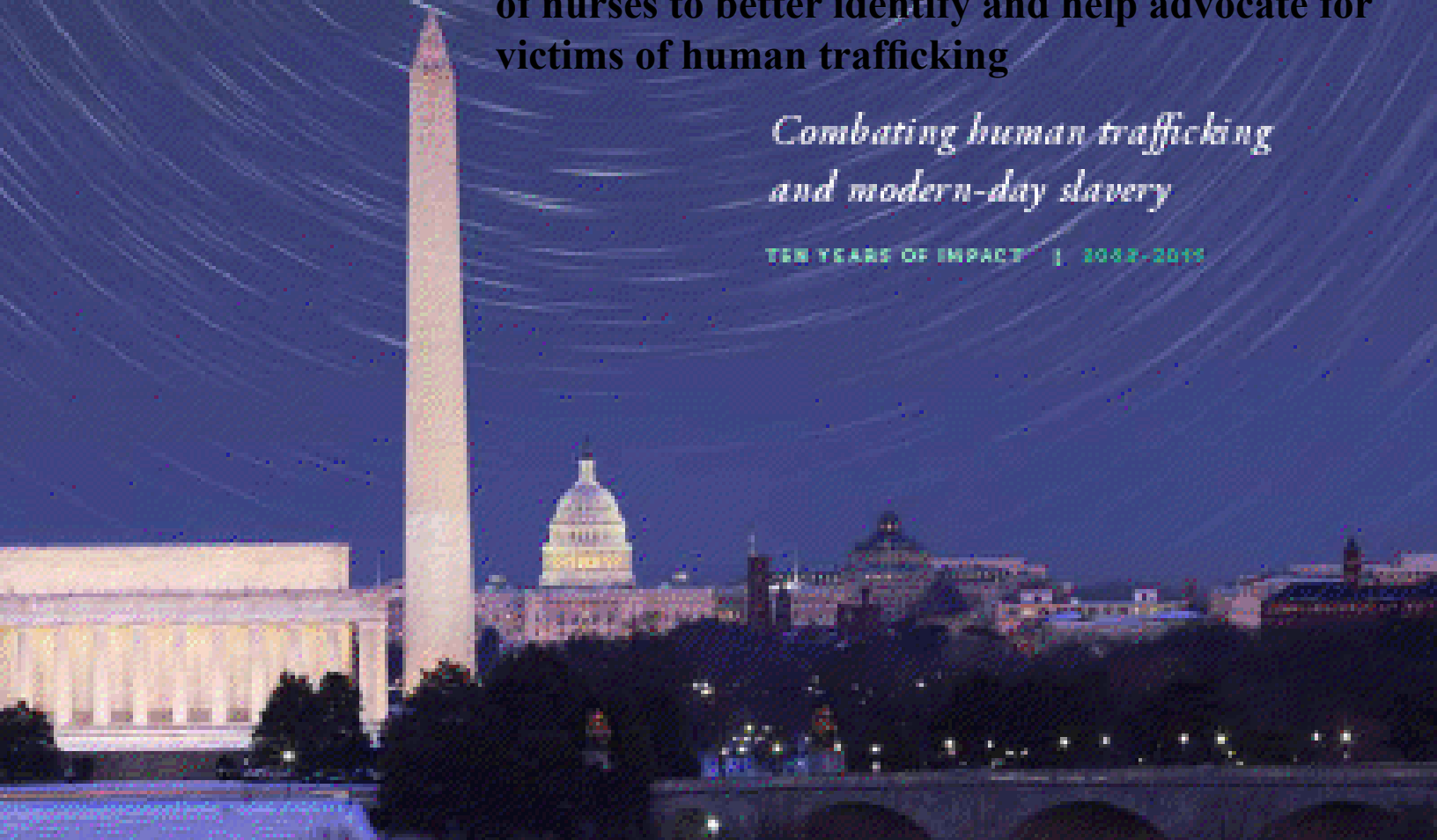
MNSA's Community Health Initiative 2014

Human Trafficking

Goal: To raise awareness and enhance knowledge of nurses to better identify and help advocate for victims of human trafficking

*Combating human trafficking
and modern-day slavery*

TEN YEARS OF IMPACT | 2002-2012



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From the Community Health Director

By: Sara Pollack

To my fellow Michigan Nursing Students
Association members,

Human Trafficking in our own backyard.

This year marked the 8th Operation Cross Country, an FBI operation dedicated to recovering victims of child sex trafficking. This operation took place in over 106 U.S. cities, recovered 168 trafficking victims, and resulted in the arrest of 281 pimps. The FBI worked with the National Center for Missing & Exploited Children and partnered with local, state, and federal law enforcement agents. Last year's operation resulted in the 2nd highest number of children rescued from the city of Detroit, MI. "These are not children living in some faraway place, far from everyday life," FBI director James Comey said at a press conference held at FBI Headquarters following the operation, "These are our children, on our streets, our truck stops, our motels. These are America's children."

I encourage and invite each of you to become involved in this year's MNSA Community Health Project: Human Trafficking Awareness.

Our goals for this Project include:

- To Raise awareness throughout Michigan about the prevalence of human trafficking throughout the state
- Educate individuals and communities of the signs to look for and what they can do
- Collaborate with organizations, schools, and associations in supporting victims and survivors
- Create fundraising opportunities to further extend the services available to victims and survivors

Human trafficking is a reflection of the darkest parts of humanity and is a horrendous social injustice! We as future nursing professionals have an opportunity to stand up for freedom and justice and to continue the tradition of being one of the most trusted professions worldwide! Together we will be able to leave a resounding impact on our communities, our state, our nation, and the world!



What is Human Trafficking?

By Sara Pollack, Community Health Director

What is the 2nd largest illegal enterprise worldwide, boasting over \$32 billion dollars in sales annually? The answer is human trafficking. Human trafficking is a modern term for present-day slavery. It may be shocking to know that slavery is not something of the past. Estimated to be between 21 and 27 million slaves currently, there are more slaves today than there has ever been at any other time in history (Peters, 2013).

Human trafficking victims enter into trafficking by force, coercion, or fraud for the purpose of forced labor or commercial sex (State of Michigan Attorney General, 2014). Labor trafficking victims have been identified in the United States in positions of domestic servants, factory workers, agricultural workers, restaurant staff, and hotel employees (U.S. Department of Health & Human Resources, 2012). They unknowingly step into a trap of forced labor often times by being promised a job, a better paying wage, and a better life by the trafficker. Victims are often reported to be living in close quarters with little to no food available, are often beaten on a daily basis, and receive threats that if they were to verbalize their situation to authorities they would not be believed and the trafficker would harm their families. Victims of sex trafficking are forced into prostitution and the sex entertainment industry. Many of these victims are raped, beaten, burned, and verbally assaulted on a daily basis. Often the victim's first rape is documented by video and/or photograph by the trafficker and used as black mail against them. The trafficker threatens the victim by telling them that if they tell anyone or try to get away they would send the video/pictures to their family as well as post it on the internet for the world to see.



Individuals may be forced to work in highly exploitative conditions with little to no pay.



Young girls are forced to sell sex by knocking on cab doors at truck stops.



Forms of forced labor have been found in numerous places in the United States, including cases of people forced to work in restaurants.



Submit a Newsletter Article

If you would like to send us an article about what your school is doing, what you experienced in clinical, or something you learned and would like to share, please let us know. Feel free to send articles from your SNA's newsletter as well. Reach out and share your stories, experiences, and "ah-ha" moments with your fellow MNSA members! Please email your article to mnsa.newsletter@gmail.com with your name and school included.

How can future nursing professionals help in the fight against human trafficking?

By Sara Pollack,
Community
Health Director



It is estimated that 1 out of 4 of these victims will seek health care for injuries or illness experienced while being held captive. This gives health care professionals a direct role in combating human trafficking. It is important that health care professionals are educating in identifying victims of human trafficking, are able to provide necessary and appropriate intervention, and advocate for them (Moynihan & Amenta, 2012).

One of the best resources for healthcare professionals to use is The Polaris Project, an Ant-trafficking organization that supports victims through its National Trafficking Resource Center (NHTRC) (Moynihan & Amenta, 2012). This resource aids health care providers by providing a 24/7 hotline, resource materials, victim identification tools, and also helps to assist victims themselves on an individual case basis. The steps for future nursing professionals to use to combat human trafficking are well described by nurses Barbra A. Moynihan and Eva Amenta, authors of Nursing Article Stolen Lives: What Nurses can do to stop sex trafficking.

Step 1: Learn to identify the signs of human trafficking (common signs of human trafficking are listed on the next page)

a) Take 35 minutes of online training on how to respond to human trafficking a health care context.

b) Download and review the Polaris Project's Medical Assessment Tool.

c) Request in-person training for an event you organize.

Please visit: <http://polarisproject.org/what-we-do/national-human-trafficking-hotline/access-training> for training opportunities

Step 2: Contact the NHTRC hotline for referrals and technical assistance

To be referred to anti-trafficking service providers in your area or for assistance on a specific case, phone 888-3737-888. (As a memory aid, the digits of the toll-free phone number are grouped differently than most.) In addition to providing referral for crisis and long-term assistance, as well as offering training and technical assistance, responders at this 24-hour, nongovernment hotline can assist with preparing reports to law enforcement agencies trained in human trafficking.

Step 3: Develop standard operating procedures (SOPs) for a response

Ask Administrators: Does your hospital or clinic have SOPs for working with patients who are victims of human trafficking? For assistance with developing protocols and SOPs, contact the NHTRC to obtain information about its training program at training@polarisproject.org

Step 4: Share your expertise

If you have protocols or resources you have developed that you are willing to share with other health care professionals, contact the NHTRC at 888-3737-888.

Human trafficking is a travesty that occurs on a local, state, national, and global level. It is with proper identification, intervention, and advocacy that victims of human trafficking can be rescued and restored. As future nursing professionals we have an opportunity and a great responsibility to make a difference in the lives of these victims.

For more information, please visit polarisproject.org

Recognizing the Signs

If you see any of these red flags, contact the National Human Trafficking Resource Center hotline at 1-888-373-7888 or text to BeFree (233733) for specialized victim services referrals or to report the situation.

This list is not exhaustive and represents only a selection of possible indicators. Also, the red flags in this list may not be present in all trafficking cases and are not cumulative.

Common Work and Living Conditions: The Individual(s) in Question

- Is not free to leave or come and go as he/she wishes
- Is under 18 and is providing commercial sex acts
- Is in the commercial sex industry and has a pimp / manager
- Is unpaid, paid very little, or paid only through tips
- Works excessively long and/or unusual hours
- Is not allowed breaks or suffers under unusual restrictions at work
- Owes a large debt and is unable to pay it off
- Was recruited through false promises concerning the nature and conditions of his/her work

Poor Mental Health or Abnormal Behavior

- Is fearful, anxious, depressed, submissive, tense, or nervous/paranoid
- Exhibits unusually fearful or anxious behavior after bringing up law enforcement
- Avoids eye contact



Poor Physical Health

- Lacks health care
- Appears malnourished
- Shows signs of physical and/or sexual abuse, physical restraint, confinement, or torture

Lack of Control

- Has few or no personal possessions
- Is not in control of his/her own money, no financial records, or bank account
- Is not in control of his/her own identification documents (ID or passport)
- Is not allowed or able to speak for themselves (a third party may insist on being present and/or translating)

Other

- Claims of just visiting and inability to clarify where he/she is staying/address
- Lack of knowledge of whereabouts and/or do not know what city he/she is in
- Loss of sense of time
- Has numerous inconsistencies in his/her story

The U.S. Department of Health & Human Services, Office of Refugee Resettlement describes the most frequent techniques traffickers use to keep victims physically and psychologically enslaved to include:

- Debt bondage – enormous financial obligations or undefined/increasing debt
- Isolation from the public—limiting contact with outsiders and making sure that any contact is monitored or superficial in nature
- Isolation from family members and members of their ethnic and religious community
- Confiscation of passports, visas and/or identification documents
- Use or threat of violence toward victims and/or family members
- The threat of shaming victims by exposing circumstances to family
- Telling victims they will be imprisoned or deported for immigration violations if they contact authorities
- Control of the victims' money – e.g., holding their money for “safe-keeping”



"Human Trafficking is a form of modern day slavery"

For FREEDOM

"BREAKING THE SILENCE 5K WALK/RUN"

AUGUST 23, 2014

RIVERWALK Detroit

REGISTRATION BEGINS AT 8:30
RACE BEGINS AT 9:00

(MEET BY THE CAROUSEL)
FIRST 50 PEOPLE TO REGISTER WILL HAVE A CHANCE TO WIN AN IPAD + MORE PRIZES.....

\$30.00 EARLY REGISTRATION BEFORE AUGUST 1ST
(AFTER AUGUST 1ST - \$35.00)
KIDS UNDER 12 = FREE | KIDS 12+ = 15.00 REGISTRATION

Register TODAY ONLINE

SPONSORED BY: Pathways

www.A2iMnonprofit.org or Call: 248.631.4896

In addition to walking or running at this event there is also still a need for volunteers to help with registration. If you are interested in helping with registration please contact the event organizer at the following link (in the bottom right hand corner): <https://www.eventbrite.com/e/a2im-presents-breaking-the-silence-5k-runwalk-tickets-12098515987>

For more information on this event and for registering, please visit the *Adults and Adolescents in Motion Non Profit Organization* at the link listed above or on facebook at:

<https://www.facebook.com/pages/Adults-Adolescents-In-Motion-Non-Profit-Organization/149116025279255>

To learn more about your local organizations and opportunities for donating, volunteering, and advocating please visit: <http://www.polarisproject.org/state-map/michigan>



U: AGAINST THE WILL

HOME GET THE FACTS TAKE ACTION ABOUT CONTACT

Now that you know, what will you do?

TAKE ACTION

Upcoming

EVENTS

**General Board of Director Meeting
Michigan Nurses Association Building
Lansing, MI**

August 16th, 2014

9am-4pm

ANA-Michigan Annual Convention

Metro Detroit

September 25th-26th, 2014

MNSA Midyear Event

Upper Peninsula

September 27th, 2014

9am-4pm

MNSA Event Council of Student Leaders

Grand Valley State University

Grand Rapids, MI

October 4th, 2014

9am-4pm

We would love to have you join our 2014-2015 Board of Directors! Please view the vacancies below.



Current Board of Director Vacancies:

-Advertising Director

-Image and Breakthrough to Nursing Director

For more information on these positions and to apply, visit *MichiganNSA.org* or email *mnsa.newsletter@gmail.com*

For more updates on upcoming events and ways you can get involved, please visit us on the web at the following locations:

<http://michigannsa.org/>

<https://www.facebook.com/MichiganNSA>



Building a Community
of Empowered Nurses

www.ana-michigan.org

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Cover

-Cover photo courtesy of The Polaris Project

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A2IM 5K run/walk Poster retrieved from <https://www.eventbrite.com/e/a2im-presents-breaking-the-silence-5k-runwalk-tickets-12098515987>





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